



# Email Introduction to Students

# Intro Email for Students

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We have launched a new mental health service called TalkCampus. It's a free to download app where you can talk with other students from around the world if you're struggling and worried about your mental health. Your student email address will give you free access, just download TalkCampus from the app stores.

TalkCampus is anonymous, it isn't run by us and we won't be able to see if you are using it, you also won't be able to see where other students are from. TalkCampus is based around peer support; you can use it if you need some help yourself or you can go on there and listen and support others.

The platform is safe and moderated and is designed as a place where you can just be yourself and talk about how you're really feeling. Student life can be tough and we know sometimes you might not want to talk to us about how you're feeling. TalkCampus isn't a replacement for counselling or professional support however it is a great place to start talking and to make sure that however you're feeling right now you're not alone.

## Short Student Email

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It's tough being a student and we know that you don't always want to talk to us about how you're feeling. That's why we've launched TalkCampus. An app where you can talk with other students from around the world if you're struggling and worried about your mental health. Your student email address will give you free access, just download TalkCampus from the app stores. It's a place just for you, no staff, no fear of judgement, just instant ongoing support.